



Acknowledgements

This developmental Resource Guide was created as a housing navigation resource by the Central West Region (CWR) Housing Navigators.

This guide is intended to help individuals navigate housing and homelessness resources in Wellington County.

This guide is not exhaustive and may not include all resources. If you are looking for services not mentioned here, **you can visit:** <https://211ontario.ca/>

Please send questions, feedback or suggestions to:

c.hall@sunbeamcommunity.ca

Developmental Services Ontario, Central West Region (DSOCWR)

Developmental Services Ontario (DSO) is the access point for adult developmental services and supports funded by the Ministry of Children, Community and Social Services (MCCSS). DSO Central West Region is one of nine DSOs in Ontario that help adults with a developmental disability connect with Ministry funded services that may be available in their community.

Developmental Services Ontario, Central West Region, serves people who live in Dufferin and Wellington Counties, Halton Region, Peel Region and Waterloo Region.

Connect with us!



To find your local DSO, you can visit: <https://www.dsontario.ca/find-your-dso>

DSOCWR Housing Navigation

Are you interested in learning about housing and support services beyond traditional Ministry funded options?

You may wish to connect with your local DSO Housing Navigators:



**Call or email your DSOCWR Housing Navigator at:
1-888-941-1121 or c.hall@sunbeamcommunity.ca**

Learn how the DSO housing toolkit can help you create your own housing vision:

www.dsontario.ca/resources/housing



Developmental Services Ontario (DSO) helps adults with developmental disabilities find services and supports in their community.

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MCCSS Funded Supportive Housing Options

Housing supports are provided by agencies and funded by the Ministry of Children, Community and Social Services (MCCSS). Here are some types of housing supports that may be available in your community:

Group homes and group living supports

- You will live with a few unrelated people
- Provide you support for up to 24 hours per day
- Accommodate you based on your needs and abilities

Supported independent living

- You live more independently
- Someone helps you with daily activities
- You receive between 2 to 10 hours of support during the day every week
- You must be able to be alone overnight and do things like shower or brush your teeth without help

Host family home/associate living support

- You live with a family who can provide you with care and supports
- You are encouraged to become an active member of the household
- You are matched with a family that has similar interests, needs and lifestyle

Contact Your Local DSO for More Information: <https://www.dsontario.ca/find-your-dso>

The Housing Continuum

The full range of housing options that an individual may access over a lifetime, include temporary emergency shelters, transitional housing, social housing, affordable housing, affordable home ownership, market rental housing and market home ownership.



Homelessness

There are many different definitions of homeless. In the context of the National Homelessness Initiative, homelessness is considered to be any person, family or household that has no fixed address or security of housing.

Chronic Homelessness - Individuals who are currently homeless and have been homeless for six months or more in the past year

Episodic Homelessness - Individuals, who are currently homeless and have experienced three or more episodes of homelessness in the past year

Hidden Homelessness - Individuals who are homeless, but temporarily housed with friends or family because they cannot afford shelter themselves. Without this help, they would be living on the street or be sheltered by an institution.



Guelph-Wellington Coordinated Entry System

Families and individuals that are prioritized through the Coordinated Entry System will be referred to the appropriate services and supports through a Housing Stability Working Group, made up of key partners in the housing stability system

| Program | Contact |
|--|--|
| Community Resource Centre of North and Centre Wellington | 360 Belsyde Ave E • Fergus, ON (519) 843-7000 |
| County of Wellington Social Services | 129 Wyndham St N • Guelph, ON (519) 837-2670 |
| East Wellington Community Services | 45 Main Street • Erin 529-833-9696 143 – B Dennis Street Rockwood (519) 856-2113 |
| Stepping Stone (formerly known as Welcome In Drop-In Centre) | 23 Gordon Street • Guelph (519) 837-0080 |
| Family & Children's Services of Guelph and Wellington County | 275 Eramosa Rd • Guelph, ON Phone: (519) 824-2410 |
| Rural Wellington Community Team | 525 Dublin St. • Mount Forest ON N (519) 323 0255 |
| Wyndham House | (519) 822-4400 |

Guelph – Wellington Housing Services

What They Do

- Deliver programmes across the housing continuum, from homelessness prevention initiatives to homeownership down payment grants.
- Own and operate 1189 rent-geared-to-income (RGI) units and 131 units of affordable housing.
- Provide financial support and legislative oversight to 20 non-profit housing providers and housing co-operatives located in Wellington County and the City of Guelph who support over 1000 rent-geared-to-income units and nearly 500 affordable market rental units.
- Provide funding and resources to support the development of affordable housing, operated by external housing partners in Wellington-Guelph.
- Offer varied levels of support to individuals and families who need help finding and keeping a home.
- Lead the Guelph-Wellington Built for Zero-Canada Campaign, a national movement to end chronic homelessness.
- Administer funding for housing stability programmes across the Service Manager Area and fund emergency shelters in Guelph.

Financial Assistance for Homelessness

If you are experiencing or are at risk of experiencing homelessness, you may be eligible for financial assistance to help find, secure and maintain long-term housing.

| Program | Details | Contact |
|------------------------------------|---|---|
| Ontario Disability Support Program | <p>ODSP offers:</p> <p>Money to help you and your eligible family members with living expenses, including the cost of food, and rent</p> <p>Health benefits, including prescription drugs and vision care</p> <p>Employment support to help you find and keep a job or advance your career</p> | <p>1 Stone Rd W, Guelph, ON N1G 4Y2</p> <p>Phone: (519) 822-7500</p> <p>https://www.ontario.ca/page/ontario-disability-support-program</p> |
| Ontario Works | <p>Ontario Works offers:</p> <p>Money to help you and your eligible family members with living expenses, including the cost of food, and rent</p> <p>Health benefits for you and your eligible family members</p> <p>Employment supports to help you find and keep a job (such as workshops for resume writing, job counselling, job-specific training and basic education)</p> | <p>129 Wyndham St N, Guelph, ON N1H 6P6</p> <p>Phone: (519) 837-2670</p> <p>https://www.ontario.ca/page/ontario-works</p> |

Emergency Shelters

These facilities are designed to meet the immediate needs of people who are homeless. Such short-term emergency shelters may target specific sub-populations, including women, families, youth or Aboriginal persons, for instance. These shelters typically have minimal eligibility criteria, offer shared sleeping facilities and amenities, and often expect clients to leave in the morning. They may or may not offer food, clothing or other services.



Emergency Shelters

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The following are examples of **emergency shelters** that are operating within Guelph-Wellington – this may not be an exhaustive (complete) list.

| Program | Details | Contact |
|--|--|--|
| Torchlight Shelter | | 519-767-6594 1-888-821-3760 |
| Ramoth House | Pregnant teens and young women and infants who need a safe place, learn while planning for their future | 1- 519-323-3751 |
| Rural Woman's Shelter Program Fergus | | 519-843-6834 |
| Stepping Stone Men's Shelter | Provides coffee, shower, and overnight shelter Accommodates up to 27 people on a first-come, first-served basis Supported by Diversion team, Housing Stability Outreach and Housing Focused Outreach Eligibility: Adults and families experiencing homelessness ages 25 years and older | 519-837-0633 https://steppingstonegw.com/ |
| Wyndham House Youth Emergency Shelter | The Shelter provides emergency housing, daily meals, basic needs, healthcare, transportation needs, supportive guidance, and community referrals to the youth residents staying at the shelter | 519-837-3892 18 Norwich Street East, Guelph ON http://www.wyndhamhouse.org/programs/youth-emergency-shelter/ |
| Wyndham House (Residential – Women) Wyndham House (Residential – Men) | | Women's -519-763-8660 Men's - 519-763-8040 |

Supportive & Transitional Housing

Supportive and Transitional Housing models combine rental or housing assistance with individualized, flexible and voluntary support services for people with high needs related to physical or mental health, developmental disabilities or substance use. **Transitional Housing** can be described as a **temporary step between emergency services and permanent housing**, while **Supportive Housing** is intended to be **permanent or for as long as an individual chooses**.



Supportive & Transitional Housing

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The following are examples of **supportive and transitional housing** options in Guelph-Wellington – this may not be an exhaustive (complete) list. [Supportive and Transitional Housing Wellington County](#)

| Program | Details | Contact |
|---|--|--|
| Wyndam House – Two supportive housing locations | Youth services 16-25, two 8-bed youth focused Supportive Housing Residences, an Emergency Youth Shelter, an integrated Youth Hub, The New Way Classroom, Housing Stability, Diversion & Rapid Re-housing programs as well as youth community outreach staff | Tel: 519-822-4400 https://wyndamhouse.org/what-we-do/supportive-housing/ |
| Stonehenge SAMH program | Transitional and long-term housing Are 18 years of age or older, have chronic or acute experiences of substance use, mental health and/or concurrent needs Have recent experience with homelessness or be at-risk of homelessness (including transitional housing, living on the street, etc) | 1-844-437-3247 (1-844-HERE247) or visit the Here 24/7 website. https://here247.ca/ |
| Guelph Wellington Women in Crisis | The Transitional and Housing Support Program (THSP) offers a wide range of support to women in the community who are experiencing abuse, have left abusive relationships recently or in the past, or who are considering leaving. All services are free, and interpreters and childcare can be arranged when necessary and available. | For more information, please call 519-836-1110 ext. 222 https://gwwomenincrisis.org/get-help/transition-program/ |
| CMHA | This is a recovery-based service that combines support with housing to promote successful tenancies. It is a collaborative partnership with: <ul style="list-style-type: none"> • Stonehenge Therapeutic Community • Thresholds Homes and Supports • The County of Wellington • Private landlords, offering safe, subsidized, longer term and transitional housing options across Guelph and Wellington | 1-844-437-3247 (1-844-HERE247) or visit the Here 24/7 website https://here247.ca/ |
| Thresholds Homes and Supports | Concurrent Supportive Housing - support coordination and counselling for clients who have both mental health and substance use issues https://www.thresholdssupports.ca/Housing-Support-Services.htm Community Homes for Opportunity - supportive housing program for people living with severe and persistent mental health diagnoses who may require 24-hour supportive care | 1-844-437-3247 (1-844-HERE247) or visit the Here 24/7 website https://here247.ca/ |
| Kindle Communities | Kindle currently manages one community hub and two permanent supportive housing properties in Guelph https://www.kindlecommunities.com/about | 275 Eramosa Road Box 1088 Guelph (519) 824-2410 x4112 kindle@kindlecommunities.com |

Community Housing

Community Housing refers to government-assisted subsidized housing for people with low to moderate incomes, seniors, or people with special needs who can live with supports in their community. **Rent-Geared-to-Income (RGI)** and **Rent Supplement** options are available through the region to make rent affordable for households. In most cases, the rent for a subsidized unit is 30 per cent of a household's total monthly income. If you receive social assistance the rent is based on the rent benefit set by the Ontario government.



Social Housing

Rent Geared to Income (RGI) and Rent Supplement housing units are available through Wellington County.

| Program | Details |
|-----------------------------|---|
| Rent Geared to Income (RGI) | <p>Rent Geared to Income (RGI) or Subsidized Housing is provided by Wellington County. In a RGI housing unit, a household's monthly rent is set at 30% of the adjusted household income. For people receiving financial benefits through the Ontario Disability Support Program (ODSP) or Ontario Works (OW), rent is set based on what is referred to as a "rent scale." RGI subsidies are attached to the unit, if a person/household is evicted or chooses to move, they lose the subsidy and must re-apply.</p> <p>For more information, visit: https://www.wellington.ca/en/social-services/hs-apply-for-housing.aspx</p> |
| Rent Supplement | <p>Rent supplement units are filled by applicants on the County of Wellington's Centralized Waiting List (CWL). The household pays their rent-geared-to- income rent amount directly to the landlord and the County of Wellington pays the rest of the rent to the landlord.</p> <p>For more information, visit: https://www.wellington.ca/en/social-services/rent-support-programmes.aspx</p> |

Applying for Community Housing

The application for housing can be found [here](#). Completed applications can be submitted:

- In person: 138 Wyndham Street, Guelph
- Fax: 519-837-5492

The Housing team will assess the needs of applicants and place them on the **Centralized Waiting List**. When there is a vacancy, the unit is offered to the next eligible household on the list. If an individual declines an offer for housing, they will be **removed** from the waiting list and **must re-apply**.

To apply for social housing, you will need make sure you have the following documents for all household members:

- [Legal status in Canada documentation](#) for all household members (Drivers License & Health Cards are NOT accepted)
- The Consent and Declaration form for all household members over 16 years of age (provided in the application)
- Income ([Notice of Assessment](#)), including income generated from assets is to be declared in the application
- Information about any money owed to, or re-payment plans with a Social Housing Program (for those who have accessed social housing in the past)

Affordable Rental Housing

In affordable rental housing, rent is usually set between 80% -100% of Average Market Rent AMR (as determined by Canada Mortgage and Housing Corporation (CMHC), based on unit size).

Affordable rental housing can be in privately owned buildings, non-profits or city owned housing.

You can often stay on the Rent-Geared-to-Income waiting list if you accept a unit through the Affordable Rental Housing Program.

The County of Wellington offers support to individuals and families who need help finding and keeping a home in Guelph and Wellington County

Click [here](#) for more information



Affordable Rental Housing

The following are examples of **affordable rental housing** options that may be available in Wellington County – this may not be an exhaustive (complete) list.

| Program | Details | Contact |
|---------------------------------------|--|---|
| Canada Ontario Housing Benefit (COHB) | <p>This portable housing benefit is a monthly subsidy provided to low-income households to assist with housing costs. It is tied to the household and can be used to help pay rent anywhere in Ontario.</p> <p>To learn more, you can visit: National Housing Strategy 2022-23</p> | <p>This is a closed application process, and the benefit is not available to the general public. Referrals for eligible applicants are made through community partners connected to the Coordinated Entry System.</p> |
| Housing Support Programs | <p>Wellington County has a number of Housing Support programs. To learn more, you can visit here: Housing Support Programs</p> | |
| Ontario Aboriginal Housing Services | <p>OAHS offers rental opportunities to self-identifying First Nations, Métis, and Inuit people as well as non-Indigenous people. OAHS homes range from rent-geared-to-income, affordable, and market rent units.</p> <p>For more information, visit: Ontario Aboriginal Housing Services</p> | <p>Housing Services Rep: Toll-Free – 1-866-391-1061 info@oahssc.ca Link to Application</p> |

Co-Operative Housing

Housing co-operatives provide not-for-profit housing for their members. The members do not own equity in their housing. If they move, their home is returned to the co-op, to be offered to another individual or family who needs an affordable home.

Some co-op households pay a reduced monthly rent (housing charge) geared to their income. Government funds cover the difference between this payment and the co-op's full charge. Other households pay the full monthly charge based on cost. Because co-ops charge their members only enough to cover costs, repairs, and reserves, they can offer housing that is much more affordable than average market rent. Co-op housing also offers security. Co-ops are controlled by their members who have a vote in decisions about their housing. There is no outside landlord. Each housing co-operative is a legal association, incorporated as a co-operative.

For more information about Co-operative Housing, locating your local co-ops, and learning about the application process, you can visit [Co-operative Housing Federation of Canada](#).



Market Rental Housing

Market Rent is residential rent that is not classified as ‘subsidized rent’ or ‘affordable rent’ under any affordable housing program (you pay the amount advertised in the listing or advertisement).

2025/26 Wellington County Average Market Rent (AMR)

| Unit Size | Average Market Rent (\$) |
|-----------|--------------------------|
| 1 Bedroom | \$1,563 |
| 2 Bedroom | \$1,712 |
| 3 Bedroom | \$1,943 |

Please note: Local AMRs are determined by the CMHC or alternative AMRs approved by the Ministry of Municipal Affairs and Housing (MMAH) where there are no CMHC AMRs. The information in the chart is provided by the 2025/26 COHB calculator (not provided) which also utilizes information in the AMR [link](#) provided



Searching for Rental Housing



Online Search

Use filter options on these sites to search for places that fit preferences. Alerts can be set to notify when new ads are posted.

[Kijiji](#)
[RentBoard.ca](#)
[Craigslist.org](#)
[Zumper.com](#)
[Rentcompass.com](#)
[FreeRentAds.com](#)
[REALTOR.ca](#)
[Viewit.ca](#)
[Wellington County Help Center](#)



Social Media

Visit [Facebook Marketplace](#) on your Facebook page, click on the Marketplace icon located at the top of the screen. Then click on the rental icon.

Search options such as city, kms (distance) away, price range, bedrooms, etc.

Set alerts to receive notifications on new rentals ads.

You can also search for Rental Groups on your Facebook page. These are forums where members can post and discuss shared information or rental ads.



Rentals.ca

[Rentals.ca](#) provides a list of affordable housing options from sources like Kijiji, Rentboard, and Viewit.

They compile options from multiple sources together on one listing.



Look for Signage

Drive/walk/bike around preferred neighborhoods. Landlords and property managers will often post signs out front where there are units for rent.

Some landlords post signs in places like grocery stores, libraries and/or community centers too.

Things to Consider

Before Renting a Unit



FOLLOW DIRECTIONS IN THE AD

Some landlords/property managers prefer calls, some use email or the messaging system through the ad site (such as Kijiji messaging). Many ads also ask very specific questions to assess applicants.



CALLING THE LANDLORD

Prepare your list of questions before you call and keep a pen and paper handy to write down the answers. There are probably others who are interested in the rental, remember to be polite and make a great first impression.



VIEWING THE RENTAL UNIT

Arrive on time and be well-groomed and well prepared. Introduce yourself and try to remain calm and confident. Have your references ready to provide to the landlord/property manager.



PREPARE YOUR DOCUMENTS

To support your rental application, landlords/property managers may ask to see your driver's license or other ID. They may ask where you work, and permission to run a credit check. There are rules about your [privacy](#) that must be respected.



APPLYING FOR THE RENTAL

Make sure you understand the application process, ask questions if something isn't clear. Fill in the application form (paper copy/online). Inquire about the deposit fees and next steps.



SIGNING THE LEASE

A successful applicant will be asked to sign a lease. Upon signing you will usually be required to pay last month's rent. Then first month's rent is due on the 1st day of the month you've rented the apartment for (make sure to get receipts).

For more tips, you can visit: CMHC – [I Want To Rent](#)

Landlord Responsibilities

According to Canada Mortgage and Housing Corporation (CMHC):



- Landlords are legally obliged to ensure that the rental unit complies with the standards for:
 - Health
 - Safety
 - Housing
 - Maintenance
- Before renting a property, it must meet:
 - Municipal property standards
 - Zoning bylaws
 - Fire safety regulations
 - Local building codes
- Landlords must:
 - Maintain the tenant's home in a good state of repair and fit for habitation and at the landlord's expense
 - Always ensure a reasonable supply of fuel, electricity, hot and cold water and other utility services (cable, Internet)
 - Not seize, without legal process, a tenant's property for rent default or for the breaking of any other obligation of the tenant.
 - Not harass, obstruct, coerce, threaten or interfere with the tenant.

For more information, visit: [Landlord – Tenant Responsibilities](#)

Tenant Responsibilities

According to [Settlement.Org](#), as a tenant it is important to make sure that you:

- Pay rent on time
- Behave well, clean the rental premises, repair damage caused by an accident or deliberate act of the tenant or a person whom the tenant permits on the premises
- Do not harass, obstruct, coerce, threaten or interfere with the landlord
- Contact the landlord as soon as possible when a problem arises involving repairs or services
- Permit entry (with proper notice) for repairs or showing of the home for the next tenant or purchaser
- Follow the terms in your rental agreement or lease



CMHC provides an “I Am Renting” Guide with helpful information for tenants. You can find this resource here: [CMHC – I Am Renting](#)

Eviction Process

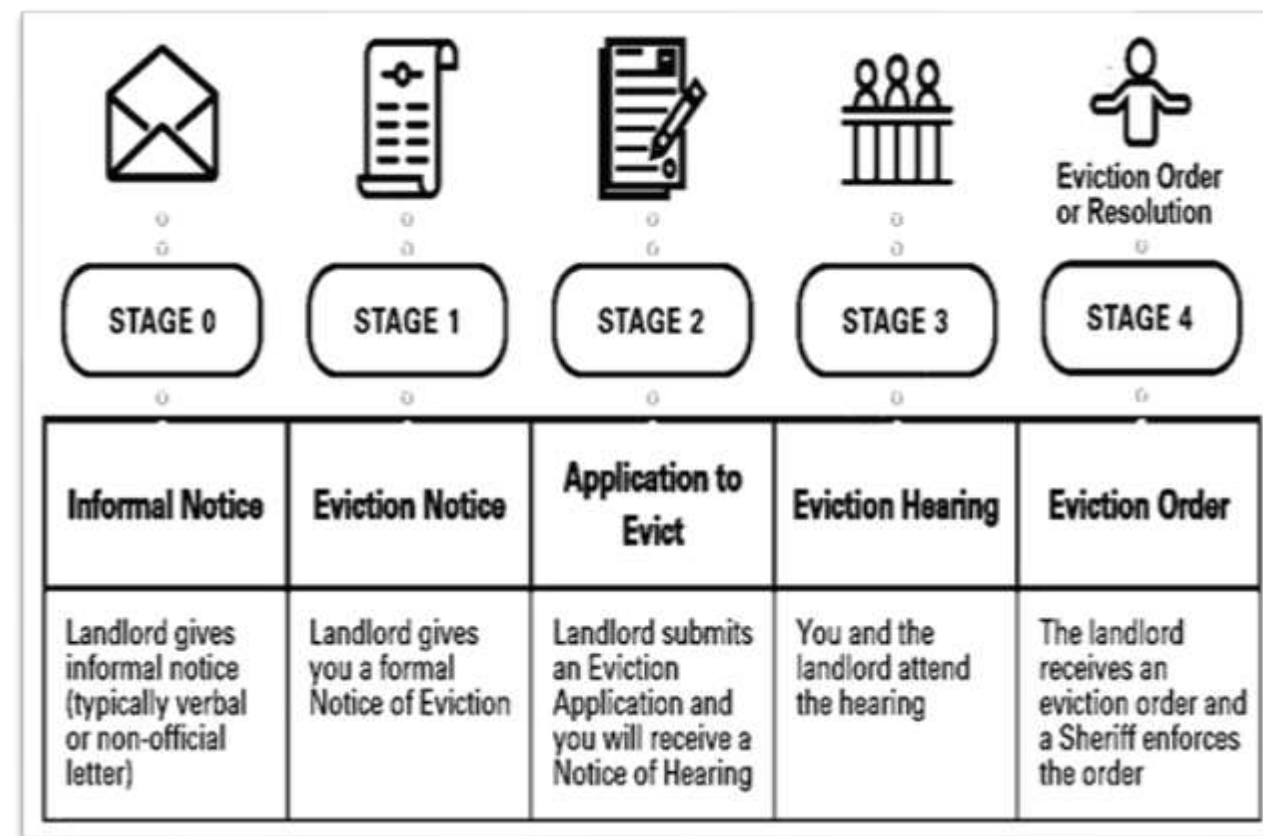
Eviction is the removal of a tenant from a rental property by the landlord.

Reasons for eviction recognized under the Residential Tenancies Act

- Back payment of rent
- Persistent late payment
- Damage
- Substantial interference with reasonable enjoyment of the unit
- Impairing safety
- Overcrowding
- Illegal Act
- Misrepresentation of income (if a tenant pays Rent-Geared-to-Income)
- **Landlord's own use**
- **Purchaser's own use**
- **Demolition, renovation or conversion**

*These are the most common reasons set out by the Residential Tenancies Act (RTA)

How Eviction Works



For more information, visit: [CLEO - Evictions](#)

Facing Eviction - Resources

The following are examples of resources that may be helpful if you are facing eviction or if you have questions about the eviction process in Ontario – this may not be an exhaustive (complete) list.

| Title | Details |
|--|--|
| Government of Ontario: Renting in Ontario | Provides information about the laws that affect residential tenants and landlords in Ontario. To access, visit: Renting in Ontario – Your Rights |
| Advocacy Centre for Tenants Ontario | Provides answers to Frequently Asked Questions about Ontario Housing Law issues. To access, visit: Advocacy Center for Tenants Ontario |
| Eviction Prevention Handbook | The City of Toronto has created an Eviction Prevention Handbook to help tenants with knowing and understanding their rights and how eviction works in Ontario. The Handbook provides worksheets and templates to support individuals through the eviction process. To access, visit: Eviction Prevention Handbook |

Tenant Rights



CLEO provides clear, accurate and practical legal information to help people understand and exercise their legal rights.

Visit their website for more details:
<https://www.cleo.on.ca/en>



The Canadian Centre for Housing Rights (CCHR) provides free, individualized services to renters in Ontario who are facing challenges in their housing. They offer ["The Ontario Renter's Guide"](#) for information and tips for renting in Ontario.

Visit their website for more details:
<https://housingrightscanada.com/>

Legal Aid

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The following are **free legal services** available in Guelph/Wellington and across Ontario – this may not be an exhaustive (complete) list.

| Program | Details | Contact |
|--|---|--|
| Legal Aid Ontario – The Legal Clinic of Guelph and Wellington County | Legal Aid Ontario (LAO) will provide you with the services best suited to your legal matter. All services are available in both English and French. To receive assistance, you must qualify financially, and your legal matter must be one that LAO covers. The type of service that works best for you will depend on your case and financial situation. Hours: Monday – Friday, 9 am – 4 pm. For more information, visit: Legal Aid Clinic of Guelph and Wellington County | Located: 176 Wyndham Street North PO Box 1683 Station Main Guelph Tel: 519-821-2100 |
| The Law Society of Ontario – Referral Service | Connects individuals looking for legal assistance with a lawyer in Ontario and provides a free 30-minute consultation to discuss your concerns and ask questions. For more information, visit: Law Society Referral Service | Link to Application |
| Ontario Legal Information Centre | Offers a free 30-minute phone meeting with a lawyer and is available to anyone in Ontario. Lawyers can provide general legal information to help you understand your legal situation and learn about your options and can refer you to local organizations or resources that may be helpful. For more information, visit: Ontario Legal Information Centre | Tel: 1-613-842-7262 Toll-Free: 1-844-343-7462 Book an Appointment Online |
| Pro Bono Ontario – Free Legal Advice Hotline | Offers 30 minutes of free legal advice and assistance to those who cannot afford a lawyer. The Hotline can help tenants with legal issues surrounding housing and tenant rights. For more information, visit: Free Legal Aid Advice | Toll-Free: 1-855-255-7256 |
| The Legal Clinic Of Guelph and Wellington County – Law Van mobile legal services | The Legal Clinic of Guelph and Wellington County provides free legal support to low-income people. To learn more about their Legal Van, visit: https://www.facebook.com/GWLegalClinic | |


Affordable Home Ownership

Affordable home ownership models use a variety of creative approaches (e.g., down-payment assistance, shared equity mortgages, etc.) to help lower-income people and families, who might not otherwise be able to purchase a home and/or afford the monthly cost of carrying a mortgage.



Affordable Home Ownership

The following are examples of **affordable home ownership** programs available within the County– this may not be an exhaustive (complete) list.

| Program | Details | Contact |
|---|---|--------------------------|
| Habitat For Humanity (HFH) Wellington  | Provides a unique "Habitat for Humanity mortgage" that makes home ownership affordable for lower-income families. Homes are sold to families at fair market value with no down payment and no interest. Families provide 500 volunteer hours helping build their homes and the homes of others. Mortgage payments are calculated annually so that shelter costs are never more than 25% of household income. For more information, visit: Habitat for Humanity Guelph Wellington | Tel: 519-767-9752 |

Market Home Ownership

Market Home Ownership is housing that is for sale in the open housing market and the cost of the housing is not subsidized (reduced) in any way.



Financial Assistance for Homeowners

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| Financial Assistance | Details | Website |
|---|--|--|
| Other Financial Help to Pay Utility Bills | High utility bills put low-income homeowners and tenants at risk. The programs listed below may be able to provide financial help. For more details on eligibility and applying contact the program directly. | Ontario Electricity Support Program Low-income Energy Assistance Program (LEAP) Rogers 'Connected for Success' |
| Ontario Trillium Benefit | A tax-free payment that helps low-to moderate-income Ontario residents pay for energy costs, sales and property tax. | Ontario Trillium Benefit |
| Money For Energy Conservation Renovations | People on Ontario Works or ODSP may receive a one-time payment of up to \$50 to reimburse the cost of items such as: <ul style="list-style-type: none">▪ Caulking▪ Sealing or weather-stripping for doors and windows▪ Insulation for hot water pipes and hot water tanks, and flow restrictors for shower heads | Energy Efficiency Programs |
| Money to Buy Smoke Alarms and Carbon Monoxide Detectors | Homeowners receiving Ontario Works Assistance may receive a one-time payment to buy smoke alarms or carbon monoxide detectors. <ul style="list-style-type: none">▪ replacement or purchase of smoke alarms and batteries for recipients who own their homes and are not in receipt of the maximum shelter allowance | Ontario Works – Other Benefits |
| Save On Energy | Programs, rebates and incentives for residents, communities and businesses, plus advice and tips for every budget | https://saveonenergy.ca/ |

Additional Residential Units

You might have heard the words basement apartment, or granny flats, or coach houses. Or perhaps Accessory Dwelling units or Secondary Suites. These terms are used to describe a dwelling unit that is accessory to the main dwelling. The diagram below are examples of what an Additional Residential Unit (ARU) might be.



More information can be found on The Wellington County website: [Click Here](#)

Indigenous Resources

The following pages highlight Indigenous organizations that provide cultural and holistic programs and services for Indigenous people within the community.

[The National Association of Friendship Centres](#) has created a comprehensive list of Indigenous Health and Wellbeing resources that are available across Ontario.
To access this resource, click [here](#).





Indigenous Health & Wellness Resources

[RETURN TO TABLE CONTENTS](#)

The following are examples of **Indigenous health and wellness resources** in Wellington County – this may not be an exhaustive (complete) list

| Program | Details | Contact |
|---|--|---|
| Growing Great Generations | Southwest Ontario Aboriginal Health Access Centre (SOAHAC) provides a wide range of wellness services to First Nations, Inuit and Métis people in Southwestern Ontario, including traditional healing, mental health and addictions services, and clinical services. Clinical services include primary health care, diabetes education, nutrition, Aboriginal Midwifery, and more. | https://www.growinggreatgenerations.ca/en/contact-us.aspx |
| Indigenous Health and Wellness Program | Community governed program designed to be responsive to the self-determined needs of the First Nations, Inuit, and Métis community members * provides culturally safe access to health and wellness services * aims to improve the social supports and conditions that affect long-term health. http://guelphchc.ca/indigenous-healing-wellness | Location: 176 Wyndham St N Guelph, ON N1H 8N9 Tel: 519-821-6638 ext 321 |
| The Healing of the Seven Generations | Serving the region of Waterloo and surrounding areas. Programs available include Child and Youth Programming, Earth Day Program, Men's and Women's 2S program, Christmas Gift Program, Material Supports, Backpack Program, Food Supports, Konoro'nkhwa, and Dehsahsodre Legal Services. For more information visit: https://healingofthesevengenerations.ca/ | Location: 1 Carden Street Guelph, Ontario Canada N1H 3A1 Tel: 519-822-1260 info@guelph.ca |
| Southwest Ontario Aboriginal health Access Center | High quality, holistic health and wellness services throughout Southwest Ontario https://www.soahac.on.ca/ | |



Indigenous Housing and Resources

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The following are programs that provide housing services and support to Indigenous communities - may not be an exhaustive (complete) list

| Program | Details | Contact |
|---|---|--|
| Ontario Aboriginal Housing Services | OAHS offers rental opportunities, home ownership opportunities and home maintenance funding to self-identifying First Nations, Métis, and Inuit people as well as non-Indigenous people. OAHS homes range from rent-geared-to-income, affordable, and market rent units For more information, visit: https://www.ontarioaboriginalhousing.ca/rental-housing | Housing Services Rep: Toll-Free – 1-866-391-1061 info@oahssc.ca Link to Application |
| Hope For Wellness helpline | 24/7 telephone and Online chat: Services available in Cree, Ojibway, Inuktitut, English, and French and open to all Indigenous people across Canada | Tel: 1-855-242-3310 |
| Metis Nation Mental Health and Addictions Crisis Line | The Métis Nation of Ontario (MNO) is proud to offer a 24HR Mental Health and Addictions (MHA) Crisis Line. For culturally specific mental health and addiction supports for adults, youth, and families in Ontario (available in English and French) | Tel: 1-877-7677572 |
| Wellness Together | Provides free resources for mental health and substance use support Wellness Together Canada | Tel: 1-866-585-0445 support line for adults |

The **Métis Nation of Ontario** provides housing services programs to eligible individuals through its Infinity Property Services division as well as housing stabilization supports to Métis citizens.

| Program | Details | Contact |
|-------------------------------------|--|---|
| Home Buyers Contribution Program | <p>MNO contributes to the down payment of eligible first-time home buyers who are MNO citizens with complete citizenship files. This contribution is a no-payment loan registered on title as a shared equity mortgage behind the first mortgage.</p> <p>For more information, visit: Home Buyers Contribution Program</p> | <p>Housing Programs Team: Tel: 705-722-5022 Ext. 302 housingprograms@metisnation.org</p> |
| Emergency Repair Program (ERP) | <p>Provides low-to-moderate income Métis citizen homeowners with a one-time forgivable loan to complete necessary emergency health and safety repairs to their homes and improve accessibility for persons with disabilities up to maximum of \$10,000.</p> <p>For more information, visit: Emergency Repair Program (ERP)</p> | <p>Housing Programs Team: Tel: 705-722-5022 Ext. 302 ERP@metisnation.org</p> |
| Métis Housing Stabilization Program | <p>Addresses homelessness and housing instability by providing housing loss prevention and housing stabilization services and supports individuals and families who are homeless, at immediate risk of becoming homelessness, or in an unstable housing situation. Services include: housing crisis intervention, eviction prevention support, support with housing applications, resource and information support, and much more.</p> <p>For more information, visit: Housing Stabilization Program</p> | <p>Housing Stabilization Team: Toll-Free: 1-800-263-4889 Ext. 350 housingstabilization@metisnation.org</p> |

Guelph-Wellington Community Resources

Developmental Services Ontario does not promote nor endorse any of these private services. Please note that this is not intended to serve as an exhaustive list of all services offered in the County and surrounding areas, but rather as a resource prepared with information sourced by the DSO Housing Navigators for the Central West Region.

If you are looking for services not found in this section, you can visit: <https://211ontario.ca/> or call 2-1-1



Employment Resources

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The following are examples of **employment programs** – this may not be an exhaustive (complete) list. To search for Employment Services in Ontario, you can visit: [Employment and Training Services in Ontario](#)

| Program | Support | Contact |
|--|--|--|
| Employment Next 2 nd Chance | Access paid pre-employment training programs Connect you to employers and get you hired Decide what career is right for you https://2ndchance.ca/ | 519-823-2440 (Norfolk St., Guelph) 519-823-2818 (Stone Road Mall, Guelph) 519-843-5513 (Fergus – 104 - 160 St David S, Fergus, ON N1M 2L3 (toll free 1-800-472-0961) – or just come on in! |
| Bridging Employment services | Provides the following services to individuals 16 years of age and older with a disability and a recent connection to the workforce: Person-centred career planning support Purchase of specialized assessments (educational, psychological, physical, language) Assistance with government funded training applications (Second Career, Opportunities fund) Linking to community resources Case management or monitoring support | 147 Wyndham St. N. Guelph, ON N1H 4E9T 519.749.3700 x 4087 |
| Starling Community Services Employment Services | Starling Community Services connects people with employers, funding and jobs. Services help individuals find and maintain their jobs, and employers recruit and train employees. | Guelph - 89 Wyndham St. N., 3rd Floor 519-822-4141 https://starlingcs.ca/employment |
| Agilec | Is an Employment Service provider, connecting you to the valuable employment programs and training services offered through the Provincial and Federal Government Cover letter and resume support Basic digital literacy skills for job seekers | 2 - 370 St. Andrew St. W. Fergus, ON N1M 1N9 T 519.787.0051 392 Main St. N. Mount Forest, ON N0G 2L2 T 519.323.3647 https://agilec.ca/ |
| EmployMENT Options (EO) Community Living Guelph Wellington | Community Living Guelph Wellington partners with 2nd Chance Employment to help skill develop, market, and find gainful employment for the people we support. More than 60 employers across Wellington County employ someone supported by Community Living Guelph Wellington. | For more information, please contact info@clgw.ca |

Post-Secondary Education Resources

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The following are resources available to support individuals wanting to participate in post-secondary education. May not be an exhaustive (complete) list.

| Program | Details | Contact |
|---|---|---|
| Confederation College – Community Integration Through Co-Operative Education (CICE) | Confederation College’s Community Integration through Co-operative Education (CICE) program is designed to help anyone with learning, social and intellectual challenges find ways to overcome them. This program is tailored to fit each student’s particular academic needs with supports in and out of the classroom. Classes include skills for life & work, computers, writing for success, and personal & professional growth. Supervised field placements give work experience needed for a résumé and show off their talents to potential employers. For more information, visit: CICE Program Confederation College | Rose Hankkio Tel: 807-475-6697 rhankkio@confederationcollege.ca |
| Ontario Bursary for Students with Disabilities (BSDW) | Eligible individuals may receive funding to help pay for disability-related educational services and/ or equipment needed to participate in postsecondary studies. Eligible individuals can receive up to \$2,000 from the BSDW or up to \$20,000 from the CSG-DSE . In order to be eligible, individuals must have a permanent disability or a persistent or prolonged disability and must have applied and be eligible for funding through OSAP or an institution-based bursary. For more information, visit: https://www.ontario.ca/page/osap-for-under-represented-learners | Application Form Confederation College Student Accessibility Services Lakehead Student Accessibility Services |
| Canada Student Grant for Services and Equipment – Students with Disabilities (CSG-DSE) | | |
| Doreen Kronick Scholarship | Available to post-secondary students with learning disabilities who are enrolled in full-time or part-time study programs. The amount of this award is \$1,000. The Doreen Kronick Scholarship (DKS) may be awarded to a person who is pursuing a program of graduate study in a university that will assist learning disabled students. Applications are reviewed according to the following criteria: the student’s future educational program leading towards assisting persons with learning disabilities; the submission of a satisfactory academic record; the student’s contribution to his or her community and to campus life. For more information, visit: https://www.ldac-acta.ca/scholarships/ | Tel: 613-238-5721 info@ldac-acta.ca |
| Transition Resource Guide for Students with Disabilities | This guide is a comprehensive tool to help students with disabilities arm themselves with the knowledge they need to access resources at all colleges and universities in Ontario and make a successful transition to post-secondary education | Transition Resource Guide for Students with Disabilities |

Community Supports

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The following are examples of **community supports** available in the area – this may not be an exhaustive (complete) list.

| Program | Details | Contact |
|--|---|--|
| Community Resource Center | Outreach and Support - Outreach program offers community-based information, resources, and support to low-income individuals in Centre Wellington, Wellington North, Minto, and Mapleton Townships. The focus is on supporting those most in need in the community while promoting self-sufficiency and community involvement. To learn more: https://communityresourcecentre.org/outreach-support/ | Phone: 519-843-7000 Email: info@communityresourcecentre.org |
| Rural Wellington Community Team | Health services Mental health services Therapy services Outreach worker | 525 Dublin St. • Mount Forest ON N0G 2L3 • Phone: (519) 323 0255 https://www.mountforestfht.com/rural-wellington-community |
| Specialized Outreach Services (SOS) - Stonehenge Therapeutic Community | The S.O.S. program is an integrated team of peers and professionals that offer flexible outreach services to individuals experiencing homelessness or street-involved individuals with addiction, mental health, or concurrent issues by providing supportive nursing and counselling, connections to primary care, and referrals to other community services The S.O.S. program is available to individuals who are: 18 years of age or older, disconnected from services, and street-involved, homeless or at risk of homelessness, and living with mental health/addiction/concurrent issues, and physical health issues | Phone: 519-212-7824 https://mintomentalhealth.ca/service/s/outreach-services/specialized-outreach-services-sos-stonehenge-therapeutic-community |
| Arch | Harm Reduction Outreach staff and peer workers provide harm reduction supplies and HIV prevention education to a variety of populations at the drop-in centres, Shelters and on the streets of downtown Guelph 77 Westmount Rd, Guelph, ON (519) 994-5419 | https://sanguen.com/outreach-program/the-community-health-van-guelph/ |
| Guelph Wellington Community Health Van | Mobile Outreach Health and Harm Reduction Service | 1-877-351-9857 https://sanguen.com/outreach-program/the-community-health-van-guelph/ |
| Ontario Health at Home | In-home and community-based services to support your health and well-being | https://ontariohealthathome.ca/?v=2024.2 |

Health and Home Supports

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The following are examples of **home supports** available in the area – this may not be an exhaustive (complete) list

| Program | Details | Contact |
|-------------------------------|---|--|
| Home Instead | Senior Care Services - senior home care services in your loved one's home. Personal Services - bathing, dressing, incontinence care/toileting, mobility assistance Alzheimer's or Other Dementias Care Transitional Care Services - transportation prescription pick-up, discharge assistance Care for Serious Conditions Hospice Support - supplemental support services, respite for family caregivers | (226) 486-2407 https://www.homeinstead.ca/ |
| Right at Home | Right at Home provides a range of in-home care options for seniors and adults with disabilities Companion care, personal Care, and specialty Care | Guelph - 104 Dawson Road, Unit 101 Guelph, ON N1H 1A6 Mount Forest - 129 Main Street N Mount Forest, ON N0G 2L1 Phone: (519) 265-7887 Fax: (519) 265-7886 |
| Guelph – Wellington Home care | Senior care Specialized Healthcare Nursing Care | 490 Woolwich Street Guelph, ON N1H 3X5 kbirkett@gwhomecare.ca 226 314 2771 |
| Royal City homecare | Meal preparation, medication management, errands and shopping, appointment coordination, transportation, Alzheimer's and dementia care, personal care, mobility services, light housekeeping and companionship | Guelph, Ontario, Canada Phone: 226-500-0028 hannah@royalcityhomecare.ca |
| Guelph Tool Library | They loan specialized tools for repair, maintenance, food preparation, entertainment, arts, and crafts. Members share knowledge, skills and resources to help build community resilience | Old Quebec Street Shoppes, 55 Wyndham St N, Unit T8, Guelph (519) 836-7909, info@guelphtoollibrary.org https://guelphtoollibrary.org/ |

Mental Health and Crisis Services

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The following are examples of **mental health and crisis services** in Guelph Wellington – this may not be an exhaustive (complete) list.

If you are experiencing a crisis and need assistance, please call 911 or go to the nearest hospital or Emergency Room.

| Program | Details | Contact |
|--|---|---|
| Canadian Mental Health Association Waterloo Wellington | CMHA provides services to individuals in the Waterloo Wellington area. Promotes healthy people and communities through advocacy and the provision of safe, inclusive and accessible mental health and addictions services | Located: 737 Woolwich St N in Guelph Tel: 807-345-5564 Toll-Free: 1-866-888-8988 (24hr Crisis Line) https://cmhaww.ca/ |
| Here 24/7 | Here 24/7 is your front door to the addictions, mental health and crisis services provided by 11 agencies across Waterloo Wellington. Most services require a formal referral and assessment process that is completed by Here 24/7. Some services only require a referral and a few others you can access directly without contacting Here 24/7 | https://here247.ca/ 1-844-437-3247 80 Waterloo Ave Guelph 234 St Patrick Street E Fergus 492 Main Street N Mount Forest |
| Stonehenge Therapeutic Community | Addiction medicine and withdrawal Community and Justice Residential Services Supportive housing | 60 Westwood Rd Guelph 519-837-1470 https://stonehengetc.com/our-programs/ |
| ConnexOntario | ConnexOntario provides free and confidential health services information for people experiencing problems with alcohol & drugs, mental illness or gambling in Ontario. For more information, visit: https://www.connexontario.ca/en-ca/ | Toll-Free: 1-866-531-2600 |

Free Community Meals

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The following are places that offer free hot meals to the community. May not be an exhaustive (complete) list.

[GW Poverty](#) has created a [“Guelph and Wellington County Food Access Map”](#) guide to share information about accessible food in Guelph and Wellington County.

| Program | Details | Contact |
|---|---|---|
| Hope House | Warm beverages served Mon-Wed 9 am – 4pm and Thu 9 am – 6pm in our café Everyone is welcome | 75 Norfolk Street 519-265-4299 |
| Life Centre at Royal City Church | Supper Monday – Thursday 7-9:30pm Soup and snacks Friday 10 am -1pm Saturday Supper 6 pm – 7 pm Everyone is welcome | 50 Quebec Street 519-837-3777 |
| Teenage Parents Supper Club | Supper available on the last Monday of the month, 5:00 – 7:00 PM Please call to register by the Friday before the dinner. Open to pregnant teens, teen parents (21 years or younger) and their children. | YMCA/YWCA 130 Woodland Glen Dr 519-515-0245 |
| Central Pentecostal Church Centre Wellington | Community Dinner. Dinner starts at 6pm. Check website for dates. https://www.centralchurch.life/calendar/ | 7674 Colborne Street, Elora, NOB 1S0 519-846-0272 info@centralchurch.life |

Food Banks in Guelph - Wellington County

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GUELPH AND WELLINGTON COUNTY FOOD ACCESS MAP

| Program | Details | Contact |
|------------------------------------|--|--|
| Arthur Food bank | Prepacked hampers. 10am-12pm every Tuesday, as well as 6pm-8pm on the 2nd and 4th Tuesday | 146 George Street. Arthur, NOG 1A0 519-848-3272 arthurfoodbank@gmail.com |
| Brant Avenue Neighborhood Group | Select your own items from a list based on family size. Please contact to confirm opening hours. https://sites.google.com/site/brantaveguelph/home | 35 Algonquin Drive, Guelph, N1E 3P2 519-821-9243 brant.ave.ng.food@gmail.com |
| Chalmers Community Services Center | Select your own items. Wednesdays 7-8 pm and Fridays 10am-12pm. | 41 Macdonell Street, Guelph, N1H 2Z4 https://www.chalmerscentre.ca 519-822-8778 |
| Clifford Food Bank | Prepacked hampers. Please call by 6:30pm on Tuesdays to ensure food for that week. Food distribution are on Thursdays. | Knox United Church, 11 Allan Street. East. Clifford, NOG 1M0 519-327-8588 |
| Mount Forest – Community Pantry | Open to everyone in Mount Forest area. Please contact to confirm opening hours. | 519-323-9218 Mfcommunitypantry@hotmail.com 248 Main Street South, Mount Forest, ON NOG 2L1, Canada |

Food Banks in Guelph Continued

[Guelph And Wellington County Food Access Map](#)

| Program | Details | Contact |
|--|---|---|
| Palmerston Community Food Bank | Open to everyone in Palmerston area. Please contact them to confirm opening hours. | 215 William St, Palmerston, ON N0G 2P0, Canada 519-417-4774 palmfb@yahoo.ca |
| Salvation Army | Prepacked hampers. Please contact to book an appointment. | 210 Victoria Road South, Guelph, N1E 5R1 https://www.guelphsa.ca/familyservices 519-836-9824 familyservices@guelphsa.ca |
| Tait Cres. Little Free Pantry – 519 Community Collective Free Pantry Project | This is located in front of the home of a community member. 24 hours | Little Free Pantry Fergus 519communitycollective@gmail.com 200 Tait Crescent, Fergus, ON, Canada |
| Your Downtown Guelph Friends | Meals, Produce, Select your own items. Please contact to confirm opening hours. | Your Downtown Guelph Friends 226-337-9262 yourdowntownguelphfriends@gmail.com 176 Wyndham Street North, Guelph, N1H 8N9 |

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Meal Services

Meals on Wheels delivers affordable, nutritious and delicious meals to members of the community who are unable to prepare their own food. The following are examples of these services offered in the area – this may not be an exhaustive (complete) list.

| Program | Details | Contact |
|-------------------------------------|--|---|
| Meals on Wheels | Hot meal delivery daily at 12 PM, Monday – Friday \$6.80/meal Frozen meals delivered every 2 weeks on Thursdays \$37.10 for 7 dinners Unlimited access Everyone is welcome | Red Cross Office 257 Woodlawn Road W 519-836-3523 |
| The Conscious Farm Kitchen | A farm-to-table prepared vegan meal delivery service, delivered to your door across Southern Ontario | All meal prepared in Grey County https://theconsciousfarmkitchen.com/pages/about-us |
| GW Poverty Guelph Food access Guide | This guide has been updated in January 2023 and opens in a PDF format | https://www.gwpoverity.ca/wp-content/uploads/2023/01/Guelph-Food-Access-Guide-2023.pdf |
| The Seed | Programs: Groceries From The Seed, Good Food Distribution, Upcycle Kitchen, Fresh Food Rx Shelldale Farm Park, Souper Heroes, Good Food Work Experience, Community Kitchen Programs | theseed@guelphchc.ca |

Free and Affordable Essentials

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The following are examples of where you may find free and/or affordable clothing and household items locally, as well as grants that may be available to provide financial assistance for purchasing these items – may not be an exhaustive (complete) list.

| Program | Details | Contact |
|---|--|---|
| Guelph Food Bank 100 Crimea Street, Guelph 519-767-1380 https://www.guelphfoodbank.ca/ | Donors are matched with those needing items. They do not have storage facilities, so donations and needs are recorded. Credits are provided for those that are eligible to allow them to choose their own items (May - Oct). All items free of charge | Eligibility for credit is based on a needs assessment. Donor and need matching services is available to anyone in need. Delivery depending on staff and volunteer availability |
| Chalmers Community Services Centre 40 Baker Street, Guelph 519-822-8778 Chalmers West (limited supply) 577 Willow Road, Guelph www.chalmerscentre.ca community@chalmerscentre.ca | Household items typically include: Dishes, blankets, bedding, cooking utensils, dishes, linens, pots and pans, small appliances (i.e. blenders, toasters, etc.), silverware & towels. All items free of charge | Items are for anyone that accesses services at Chalmers. No delivery service |
| Michael House Pregnancy Care Centre 187 Bristol Street, Guelph 519-766-7675 www.michaelhouse.ca | Household items typically include: baking items, dishes, blankets, bedding, utensils, lamps, pots and pans, small appliances Furniture items typically include: bedframes, bookcases, chairs, couches, coffee tables, desks, dining tables, dressers. Baby items also available, including car seats, strollers, cribs, bouncy chairs, etc. | Items are available to anyone in need. All items free of charge. Delivery depending on staff and volunteer availability |

Free and Affordable Essentials Continued

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| Program | Details | Contact |
|--|---|---|
| Wellington County Reuse Centres | | |
| Aberfoyle Waste Facility 6922 Concession Rd 4, Puslinch, | Items include: small furniture, sporting goods, toys, books, housewares, etc. There is also a bulky item posting board at each site where individuals post about large appliances or heavy furniture that they are giving away for free. | Items are available to anyone free of charge no delivery available Wellington County Reuse Centers |
| Bellwood Waste Facility 8585 Wellington 19, Bellwood | | |
| Riverstown Waste Facility 7254 Sideroad 5 West, Township of Wellington North | | |
| The Freecycle Network | The Freecycle Network is a grassroots non-profit movement of people who are giving (and getting) stuff for free in their own towns. It's all about reuse and keeping good stuff out of landfills. Local volunteers moderate each local group. Membership is free. | There are local groups in: Guelph, Centre Wellington, Erin, Mount Forest, Rockwood. http://www.freecycle.org/ |
| Guelph Habitat for Humanity Restore | <p>Revenues support Habitat for Humanity Wellington Dufferin Guelph's homebuilding program.</p> <ul style="list-style-type: none"> • Inventory of new and recycled building materials and furnishings is constantly changing. • Manufacturers, retailers and homeowners donate inventory. • Prices are a fraction of retail. | <p>104 Dawson Road, Unit 300 519-780-2323 https://habitatgw.ca/restore/</p> |
| Salvation Army Thrift Store | Offers furniture, housewares, kitchenware, bedding and new mattresses at discounted prices. | 10% off for seniors everyday. 204 Silvercreek Parkway N. 519-766-4085 |

Resources for Transitional Aged Youth

The following section provides information about the resources, programs and services that are available to youth aged 16-24 as they transition into adult services. The Developmental Services Ontario does not promote nor endorse any of these private services.

If you are looking for services not found in this section, you can visit: <https://211ontario.ca/> or call 2-1-1



Youth Community Groups & Recreation

The following are community groups and recreation activities that are offered within the county for youths aged 16-24. May not be an exhaustive (complete) list.

| Program | Details | Contact |
|-----------------------------|--|--|
| YMCA of Three Rivers | Youth Programs 13-21 , A safe, welcoming, supportive, and inclusive space just for YOU. Youth Programs have been created in consultation with youth across our Three Rivers' communities (Guelph-Wellington, Stratford-Perth, and Waterloo Region). Through these FREE and paid programs, youth are provided with the chance to make new friends, develop new skills, grow into their potential, and get involved in their community. To learn more: https://www.ymcathreerivers.ca/youth | Facebook YMCA of Three Rivers – Guelph YMCA of Three Rivers – Stratford-Perth Twitter YMCA of Three Rivers |
| Youth Wellness Hubs Ontario | Mental health and substance use services integrated with a range of other youth services. Walk In Counselling, Addiction Counselling, Peer to Peer support, Navigation Services, Career Counselling, Youth Programming | Sites located in Fergus, Palmerston, Erin, YMCA of Three Rivers, University of Guelph https://youthhubs.ca/en/sites/guelph-wellington/ |

Youth Legal and Financial Supports

The following are legal services available to support youth who are in conflict with the criminal justice system or need legal advice. May not be an exhaustive (complete) list.

| Program | Details | Contact |
|------------------------------|--|---------------------------|
| Justice for Children & Youth | Offers Free confidential legal advice for youth under 18 and homeless youth under 25 in Ontario. For more information, see: https://jfcy.org/en/ | Toll Free: 1-866-999-5329 |

The following is an example of a program that is available across Ontario that provides financial assistance for transitional aged youth (ages 16-24) who are transitioning into adult services and supports

| Program | Details | Contact |
|-------------------------|--|---|
| Telus Mobility for Good | Mobility for Good® helps youth aging out of care achieve independence by providing them with a free phone and a choice between a free or low-cost plan. This enables them to stay in touch with friends and vital support networks, search for somewhere to live, find education and job opportunities, and build credit. https://www.telus.com/en/social-impact/connecting-canada/connecting-for-good-programs/youth | TELUS MOBILITY FOR GOOD |

Resources for LGBTQ2S+ Youth

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The following are supports and programs that are available in the community to support youth who identify as a member of the LGBTQ2S+ community – may not be an exhaustive (complete) list.

| Program | Details | Contact |
|--------------------------------|---|---|
| Arch | Monday – Thursday 9:00 AM – 5:00 PM ARCH Guelph, along with their partners, provide programming for lesbian, gay, bisexual, transgender, queer or questioning youth in Guelph and Wellington County. | 77 Westmount Rd, Guelph, ON N1H 5J1 (519) 763-2255 1 800 282-4505 Arch Clinic Phone: (519) 780-5298 1 800 780-5298 |
| Waterloo Wellington Healthline | Directory of Programs, services, or health care resources that provide specialized support for people who are LGBTQ+. Various organizations offer social and emotional supports, advocacy, and community-building to counter heterosexism, homophobia, biphobia, transphobia, sexualism, and conformist pressures. | https://www.wwhealthline.ca/listServicesDetailed.aspx?id=10455 |
| LGBT Youth Line | The Lesbian Gay Bi Trans Youth Line exists to provide service for youth, by youth that affirms the experiences and aspirations of lesbian, gay, bisexual, transsexual, transgender, 2-spirited, queer and questioning youth in Ontario. Working within an anti-oppression and anti-racist framework, they provide leadership opportunities, outreach, confidential peer support and referrals by telephone, texting and online. Youth Line is a toll-free Ontario-wide peer-support (for youth by youth) service. Youth Line's number will not show up on a phone bill. For more information: Youth Line | Tel: 1-800-268-9688 Text: 647-694-4275 Live Chat |
| Trans Life Line | Trans Lifeline is a non-profit dedicated to the well-being of transgender people. The toll-free hotline is staffed by trans people for trans people. Trans Lifeline volunteers are ready to respond to whatever support needs members of the trans community might have. For more information: Trans Life Line | Tel: 1-877-330-6366 |

Disclaimer



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